

How to Guide: Signs of Wellbeing Assessment Framework

What are we worried about?	What's working well?		What needs to happen?
2. Look at the concerns	1. START in the middle column		6. END - Agree the actions
Wellbeing Concerns What has happened in the past that worries us about the wellbeing of the child/young person? Be specific and factual - give examples. Consider the first, worst and last times this has happened. What impact does it have on the child/young person? Complicating Factors Anything that makes the situation more	Existing Strengths Strengths are the good things that are happening in the family. Existing Wellbeing Times when the family has met the child/ young person's needs when the problem was present. Ask exception questions to understand when this has happened.		Agree what needs to happen next – what ide do the family have? This should include any actions that need to be taken immediately. This should also include the next steps to start to build the plan – for example to explore the network, get the network together for a planning meeting, and/or draft a words and pictures explanation. Actions need to be SMART.
difficult to deal with. Worry Statement(ment(s)		Wellbeing Goal(s)
3. Create the Worry Statement(s)		4. Create the Wellbeing Goal(s)	
Summarise the concerns in plain and simple language. Say who is worried, what they are worried about (with examples), and what impact there could be on the child/ young person if nothing changes.		Say what you need to see to close the case. Say how long you will need to see that things are ok before you are confident this can be maintained. There needs to be a Wellbeing Goal for each Statement.	
5. For each Worry Statem	ent, scale the imp	act on the child: 0	(serious) to 10 (no issues)
Thinking about everything we know so far			10