

## **Local Bereavement Support – Suicide**

### **Amparo**

Amparo works to ensure that people bereaved, or affected by suicide are connected into existing local support services quickly.

T: 0330 088 9255

### **Papyrus - Prevention of Young suicide**

UK resources and support for those dealing with suicide, depression or emotional distress.

67 Bewsey Street, Warrington, Cheshire WA2 7JQ

T: 01925 572 444

E: [admin@pyrus-uk.org](mailto:admin@pyrus-uk.org)

[www.papyrus-uk.org](http://www.papyrus-uk.org)

## **National Bereavement Support – Suicide**

### **Coping After a Suicide**

Help is at hand – a resource for people bereaved by suicide and other sudden, traumatic death

NHS Choices

<http://www.nhs.uk/Livewell/Suicide/Documents>

### **Samaritans**

Macclesfield

T: 01625 426000

Northwich

T: 01606 43211

Crewe

T: 01270 216666

[www.samaritans.org.uk](http://www.samaritans.org.uk)

### **Support After Murder or Suicide**

Emotional support to those bereaved through murder and manslaughter.

T: 0845 872 3440

[www.samm.org.uk](http://www.samm.org.uk)

### **Survivors of Bereavement by Suicide (SOBS)**

The Flamsteed Centre, Albert Street, Ilkeston, DE7 5GU

T: 0844 561 6855

[www.uk-sobs.org.uk](http://www.uk-sobs.org.uk)