

Glossary of terms for working with Care Experienced Children and Young People

Advice to workers from My VOICE: *“These are recommendations of how care experienced children and young people would like to be spoken to or about—when you start to work with someone new please ask them how they would like to be spoken to because everyone is different.”*

What workers say:	What we would like you to say:
Looked After Children (LAC)	We don't LAC in anything! Call us children, young people, or Cared for Children. We are people not a case number or statistic.
Contact	Family time, going to see family, social time. It's important for us to see our family as much as possible.
PEP (Personal Education Plan)	One young person said: "I thought it was about pets not school". Please explain acronyms! We prefer school review, education meeting or just meeting.
Placement	Home or the place we live.
Birth Parents/Biological Parents	Mum and Dad, Parents, Tummy Mummy.
Reunification	Going home, reunited with my family.
Permanence	My long term home, my home without disruption.
Respite	Day out, temporary care, time off, time out, sleep over.
Care Plan	Future plan, my plan, "Help me to achieve my goals".
Foster Carer	The person who cares for me, carer.