Bereavement Information for Parents/Grandparents/ Siblings/Carers & Children

A Child of Mine
Help for Bereaved parents
T: 07803 751229
E: hello@childofmine.co.uk

Bliss
Support, including after bereavement, for the family of a premature baby.
T: 0500 618 140
www.bliss.org.uk

Child Bereavement UK
Bereavement Support Resources for Professionals
T: 01494 568900
www.childbereavement.org.uk

Child Death Helpline
For anyone affected by the death of a child of any age from any cause.
T: 0800 282 986
www.childdeathhelpline.org.uk

Compassionate Friends siblings
Providing support to anyone trying to cope with the death of a sibling.
http://www.tcfsiblingsupport.org.uk

Compassionate Friends
Support for all families bereaved after the death of a child or children.
Helpline, 10.00 am to 4.00 pm and 6.30 pm to 10.30 pm.
08451 232304
www.tcf.org.uk

Cruse
Young People's Helpline
Telephone help for bereaved young people
Monday to Friday 9.30am - 5.00pm
0808 808 1677
www.cruse.org.uk

Cruse
Help for anyone bereaved by death to understand their grief and cope with their loss.
National Office 0208 939 9530
Helpline 0844 477 9400
www.cruse.org.uk

Grief Encounter
Providing support to children and young people following the death of a parent, sibling or loved one; offering one-to-one counselling, grief groups, residential camps, and grief relief kits.
T: 020 8371 8455 (lines open Monday - Friday 9am-5pm)
http://www.griefencounter.org.uk

HopelineUK
If you are worried about yourself of about someone else you can speak to trained professionals who can give you practical advice and information on what to do.
T:0800 068 41 41

RD4U
RD4U are part of Cruse bereavement and specialise in supporting young people aged 12 to 18.
T: 0808 808 1677 (lines open Monday - Friday 9am - 5pm)
http://www.rd4u.org.uk

Sands
Support after neonatal death or stillbirth.
T: 020 7436 5881
www.uk-sands.org

Saying Goodbye
National Remembrance Services
T: 08707 449 701
www.sayinggoodbye.org.uk

The Bereavement Trust
A listening ear, information and support in time of sorrow
General Helpline: 0800 435 455
Asian Helpline: 0800 9177 416
Chinese helpline: 0800 0304 236
www.bereavement-trust.org.uk

The Dove Service
High quality, confidential specialist counselling, training and support to those affected by bereavement, significant loss, or life-changing illness.
The Dudson Centre, Hope Street, Hanley, Stoke-on-Trent, Staffordshire, ST1 5DD
Tel: 01782 683155; Fax: 01782 683162
www.thedoveservice.org.uk

The Lullaby Trust
Bereavement support
T: 0808 802 6868
http://www.lullabytrust.org.uk/bereavement-support

Winston’s Wish Helpline
Help and advice in supporting a bereaved child.
T: 08452 03 04 05
www.winstonswish.org.uk